



NO ONE under 14, including children 11-13 who have completed Youth Experience, may use the pool without a parent or guardian (adult member over the age of 18). Parent/guardian must be within sight at all times.

NO ONE under 14, including children 11-13 who have completed Youth Experience, is permitted in the Hot Tub, Steam Room, or Sauna.

Five Forks Pool Schedule

Effective 9/1/20

Lap Swim	Independent or privately coached swimming, walking, or jogging back
Swim Lessons	Fee based group swimming lessons, by registration only
Masters/Triathlon	Fee based swim fitness training for adults, by registration only
Open Swim	All independent or privately coached activities
Aqua Fitness	Instructor led group fitness class
Swim Club	USA Swimming affiliated swim team, by registration only

Pool Temperature: 83° for Lap Swim
Pool Length: 25 Yards (35 round-trips = 1 mile)

Please Note: Assigned lanes are reserved for class participants only during scheduled activities.

