

# Sportsclub Simpsonville

## Schedule for p.r.e.p.<sup>®</sup> session times

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	5:30 PM		5:30 PM	

Session times are subject to change.

Each p.r.e.p.<sup>®</sup> session is scheduled by appointment and lasts half an hour. If you need to make or reschedule an appointment by phone, please call 864-688-1083 and speak with a p.r.e.p.<sup>®</sup> team member. **Because of limited space, if you cannot make your scheduled session, please contact us immediately.**

p.r.e.p.<sup>®</sup>  
60 DAYS FOR \$60

p.r.e.p.<sup>®</sup> |  **SPORTSCLUB**  
physician referred exercise program