

Sportsclub Greenville

Schedule for p.r.e.p.® session times

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30 AM		6:30 AM		
10:00 AM			10:00 AM	10:00 AM
	12:00 PM	12:00 PM		
6:00 PM		6:00 PM		

Session times are subject to change.

Please note, **p.r.e.p.® aqua sessions** will resume in August. Sessions take place in our therapeutic pool. They are regularly scheduled aqua fitness classes called “Fluid Motion” but are designed to meet the needs of our p.r.e.p.® participants.

Each p.r.e.p.® session is scheduled by appointment and lasts half an hour. If you need to make or reschedule an appointment by phone, please call 864-331-2533 and speak with a p.r.e.p.® team member. **Because of limited space, if you cannot make your scheduled session, please contact us immediately.**

p.r.e.p.®
60 DAYS **\$60**
FOR

p.r.e.p.® |  **SPORTSCLUB**
physician referred exercise program