Sportsclub Simpsonville

Schedule for p.r.e.p.® session times*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:00 AM	10:00 AM		10:00 AM	10:00 AM
		11:00 AM		
5:30 PM	5:30 PM		5:30 PM	

Session times are subject to change.

Each p.r.e.p.® session is scheduled by appointment and lasts half an hour. If you need to make or reschedule an appointment by phone, please call 864-331-2533 and speak with a p.r.e.p.® team member. Because of limited space, if you can not make your scheduled session, please contact us immediately.



D.r.e.p. SPORTSCLUB physician referred exercise program