

Pelvic Health Seminar

*It's More Than
Just Kegels!*



JANUARY 20 at 12:00pm

SPORTSCLUB GREENVILLE STUDIO 2

Learn

- The anatomy and function of the pelvic floor
- Common signs and symptoms of pelvic floor dysfunction
- Treatments, techniques, and technologies we use to improve symptoms

Don't let a pelvic floor issue interfere with your exercise, tennis, or daily life!

For more information call 864-527-7044.

