

# FITNESS REVIEW

# week

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18	19	20	21	22	23	24

SIGN UP FOR A  
**COMPLIMENTARY**  
**30-MINUTE**  
FITNESS REVIEW

*with one of our  
**Nationally Certified  
Personal Trainers***

✓ GET EXPERT  
**ADVICE**

✓ CHECK YOUR  
**PROGRESS**

✓ FINE TUNE  
YOUR WORKOUT

**Sign up at the front desk April 18 - 24!**

